

# **Today's Lunch**

HOMEMADE, *of course*

**Personal Chef/Catering Service**

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## **Three different soups this week !**

***Orders must be placed no later than Wednesday Jan 3rd for  
delivery Thursday Jan 4th***



### **Chicken Noodle Soup**

Bone in chicken breast is the basis of our broth. We first season the chicken, then roast, then simmer along with multiple vegetables and herbs for HOURS ! The simmered vegetables are tossed. *More* fresh carrots, celery and onions are added to make our bone broth even *MORE* nourishing. Fresh parsley and thick hearty Klusky noodles are then added to finish off this delicious healthy **food for the soul** favorite . . . \$11/qt (includes tax)

~ and ~



### **Chickpea/Spinach/Garlic Soup(vegetarian)**

The spices cumin and coriander compliment garbanzo beans so well. These ingredients along with a splash of milk, a touch of sesame oil, vegetable stock and crushed fresh garlic (*yum ! – can't forget the garlic !*) are combined to create this hearty, high-protein, high-fiber soup. Lastly, fresh chopped spinach is stirred into this oh-so-tasty concoction then ladled over a scoop of onion mashed potatoes (*w/skins left on for added nourishment*). . . . \$12/qt (includes tax)

~ and ~



### **Stuffed Pepper Soup**

Green bell peppers, garlic & onions are first sautéed in a drizzle of healthy olive oil. We then add lean ground meat, rich beef stock and herbs to convert the traditional “stuffed pepper” into

this hearty soup. Your soup is then topped off with rice, a few jalapenos & diced sweet onion to add a little “zip” ! . . . \$12/qt (includes tax)

**\*\*\*NOTE: 3 quart minimum for delivery\*\*\***

***Your soup will be accompanied by a package of  
Breadworks bread (and butter)***

**Yum !**

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